



**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**

Established –Girls (Fall 1981)



**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**  
**TEAM CHAMPIONSHIPS**



**KHSAA STATE CHAMPIONSHIPS**

(Class "A", minimum top 20 finish)

**FIFTH PLACE**

1993 1998

**SIXTH PLACE**

2004

**NINETH PLACE**

1991 1995 1999

**TENTH PLACE**

1987 2011

**ELEVENTH PLACE**

1989 1997

**TWELTH PLACE**

1988 2006

**THIRTEENTH PLACE**

1990

**FOURTEENTH PLACE**

1985 2002 2008

**SIXTEENTH PLACE**

2009

**EIGHTEENTH PLACE**

2005

**TWENTIETH PLACE**

2003



**KHSAA REGIONAL CHAMPIONSHIPS**

**REGIONAL CHAMPION**

1991 1995 2004 2008

**REGIONAL RUNNER-UP**

1986 1988 1989 1990 1995  
1998 1999 2002 2005 2006  
2011



**METRO LOUISVILLE**  
**SMALL PRIVATE SCHOOL CHAMPIONSHIPS**

**CHAMPION**

**RUNNER-UP**

2005


**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**  
**STATE**  
**TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
1998	180	1999	270	2008	335
2004	185	1987	272	2002	343
2011	222	1988	282	1985	366
1991	222	1990	306	2009	409
1995	226	2006	311	2005	465
1989	255	1997	316	2003	482


**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**  
**REGIONAL**  
**TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
2004	26	1995	50	2010	66
2008	37	1988	56	2003	92
2006	43	2005	59	1997	92
1987	43	2002	59		
2011	45	2009	61		


**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**  
**METRO LOUISVILLE**  
**SMALL PRIVATE SCHOOL CHAMPIONSHIP**  
**TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
2005	55	2010	67		



**KCD BEARCAT**  
**GIRLS CROSS COUNTRY**  
**INDIVIDUAL HONOR ROLL**

(Minimum top 50 finish)



**KCD BEARCAT GIRLS CROSS COUNTRY**  
**STATE CHAMPIONSHIP**

1999	GERALDINE SMITH	STATE CHAMPION (Class A)	(18:50.8)
1998	GERALDINE SMITH	STATE RUNNER-UP (Class A)	(15:12.8) ***
1997	GERALDINE SMITH	State 3 <sup>rd</sup> place (Class A)	(15:22.10) ***
1995	ALLISON ABOUD	State 3 <sup>rd</sup> place (Class A)	(15:15.5) ***
1992	HOLLY KILLMER	State 3 <sup>rd</sup> place (Class A)	(15:15.3) ***
1985	KATIE SAMS	State 3 <sup>rd</sup> place (Class A)	(11:30) **
1983	PAM MOUTOUX	State 4 <sup>th</sup> place (Class A)	(11:35)**
1994	ALLISON ABOUD	State 5 <sup>th</sup> place (Class A)	(15:27.0) ***
1993	HOLLY KILLMER	State 5 <sup>th</sup> place (Class A)	(15:52.1) ***
1984	PAM MOUTOUX	State 5 <sup>th</sup> place (Class A)	(11:37) **
2007	ANGELIQUE CILIBERTI	State 7 <sup>th</sup> place (Class A)	(19:39.30)
2006	ANGELIQUE CILIBERTI	State 9 <sup>th</sup> place (Class A)	(20:20.67)
2004	LAUREN SCHWARTZ	State 11 <sup>th</sup> place (Class A)	(21:09.38)
1995	KARA COLLINS	State 16 <sup>th</sup> place (Class A)	(16:22.5) ***
2004	LIEVE HENDREN	State 18 <sup>th</sup> place (Class A)	(21:32.63)
1992	KARA COLLINS	State 22 <sup>nd</sup> place (Class A)	(16:25.3) ***
1976	ANDREA WALKER	State 22 <sup>nd</sup> place (Class A)	(10:53)*
2003	LIEVE HENDREN	State 26 <sup>th</sup> place (Class A)	(21:30.63)
2002	SAMANTHA BLIEDEN	State 29 <sup>th</sup> place (Class A)	(21:30.98)
2011	MEREDITH BROWN	State 30 <sup>th</sup> place (Class A)	(21:31.79)
2011	KATE ZOPPOTH	State 33 <sup>rd</sup> place (Class A)	(21:37.41)
1998	ITAYI CHARASIKA	State 33 <sup>rd</sup> place (Class A)	(16:52.3) ***
2004	PRESTON CORY	State 39 <sup>th</sup> place (Class A)	(22:08.60)
2005	LIEVE HENDREN	State 45 <sup>th</sup> place (Class A)	(21:45.29)
2001	RACHAEL LASK	State 50 <sup>th</sup> place (Class A)	(22:24.4)

\*1.5 mile course

\*\*2.0 mile course

\*\*\*4,000 meter course



KCD BEARCAT  
**GIRLS CROSS COUNTRY**  
**REGIONAL CHAMPIONS**

1982	PAM MOUTOUX	1995	ALLISON ABOUD
1983	PAM MOUTOUX	1997	GERALDINE SMITH
1984	PAM MOUTOUX	1998	GERALDINE SMITH
1985	KATIE SAMS	1999	GERALDINE SMITH
1986	KATIE SAMS	2006	ANGELIQUE CILIBERTI
1991	CINDY LUNSFORD	2007	ANGELIQUE CILIBERTI
1994	ALLISON ABOUD		



KCD BEARCAT  
**GIRLS CROSS COUNTRY**  
**REGIONAL RUNNER-UPS**

1991	REBECCA STARKS	1993	HOLLY KILLMER
1992	HOLLY KILLMER	2004	LAUREN SCHWARTZ



KCD BEARCAT  
**GIRLS CROSS COUNTRY**  
**STATE INDIVIDUAL QUALIFIERS**

<u>Year</u> - <u>RUNNER (finish)</u>	<u>TIME</u>	<u>Year</u> - <u>RUNNER (finish)</u>	<u>TIME</u>
<u>Course Distance -1.5 Miles</u>		1988 -Rebecca Boggs	
1976 -Andrea Walker (22)	(10:53)	<b>1988 -Avg. Team Score (12)</b>	
<u>Course Distance -2 Miles</u>		1989 -Amy Spears	(13:30)
1983 -Pam Moutoux (4)	(11:35)	1989 -Maggie Young	(13:33)
1984 -Pam Moutoux (5)	(11:37)	1989 -Allison Aboud	(13:42)
1985 -Katie Sams (3)	(11:30)	<b>1989 -Avg. Team Score (11)</b>	
1987 -Sarah Bealmear		1990 -Rebecca Starks	
1987 -Susannah Starks		1990 -Kara Collins	
1987 -Rebecca Starks		1991 -Cindy Lunsford	
1987 -Mollie Young		1991 -Rebecca Starks	
1987 -Raleigh Hill		1991 -Elizabeth Miller	
<b>1987 -Avg. Team Score (10)</b>		1991 -Maggie Young	
1988 -Mollie Young		1991 -Kara Collins	
1988 -Sarah Bealmear		1991 -Sarah Starks	
1988 -Holly Killmer		1991 -Erica Black	
1988 -Susannah Starks		<b>1991 -Avg. Team Score (9)</b>	
1988 -Rebecca Starks			

**Course Distance-4,000 Meters**

**1992 -Holly Killmer (3) (15:15.3)**  
**1992 -Kara Collins (22) (16:25.3)**

**1993 -Holly Killmer (5) (15:52.1)**

**1994 -Allison Aboud (5) (15:27.0)**

**1995 -Allison Aboud (3) (15:15.5)**  
**1995 -Kara Collins (16) (16:22.5)**

1995 -Eleni Kotsonis  
1995 -Melissa Bridendall  
1995 -Courtney Reiss

**1995 -Avg. Team Score (9)**

1996 -Tiffany Barlow

**1997 -Geraldine Smith (3) (15:22.10)**  
1997 -Tiffany Barlow (86) (18:26.5)  
1997 -Carolyn Bridendall (96) (18:45.2)  
1997 -Monica Endy (100) (18:52.3)  
1997 -Whitney Marcum (116) (19:18.8)  
1997 -Rebecca Gallagher (153) (21:01.6)

**1997 -Avg. Team Score Time (11)(18:02.6)**

**1998 -Geraldine Smith (2) (15:12.8)**  
**1998 -Itayi Charasika (33) (16:52.3)**  
1998 -Anna Lask (63) (17:51.2)  
1998 -Whitney Marcum (64) (17:52.2)  
1998 -Tiffany Barlow (77) (18:16.8)  
1998 -Kristen Reiss (79) (18:19.8)  
1998 -Carolyn Bridendall (150) (19:55.1)

**1998 -Avg. Team Score Team (5) (17:13.0)**

**Course Distance -5,000 Meters**

**1999 -Geraldine Smith (1) (18:50.8)**  
1999 -Anna Lask (53) (22:52.4)  
1999 -Itayi Charasika (55) (22:53.8)  
1999 -Rachael Lask (58) (22:57.3)  
1999 -Heather Hon (163) (27:32.3)

**1999 -Avg. Team Score Time (9) (22:58.8)**

2000 -Adrienne Bartlett (92) (23:16.5)

**2001 -Rachael Lask (50) (22:24.4)**  
2001 -Adrienne Bartlett (66) (22:44.7)  
2001 -Ashley Applegate (89) (23:40.5)  
2001 -Laura Brymer (181) (29:29.9)

**2002 -Samantha Blieden (29) (21:30.98)**  
2002 -Rachael Lask (52) (22:18.26)  
2002 -Adrienne Barlett (71) (22:39.34)  
2002 -Emma D'Arcy (130) (24:46.43)  
2002 -Courtney Otto (132) (24:50.43)

2002 -Emily Kettring (153) (25:56.98)

**2002 -Avg. Team Score Time (14) (23:13.21)**

**2003 -Lieve Hendren (26) (21:30.63)**  
2003 -Jackie Wolff (112) (24:10.66)  
2003 -Emily Kettring (127) (24:39.46)  
2003 -Deysi Hernandez (166) (26:59.89)  
2003 -Mary Clay (173) (28:10.62)

**2003 -Avg. Team Score Time (20)(25:06.26)**

**2004 -Lauren Schwartz (11) (21:09.38)**  
**2004 -Lieve Hendren (18) (21:32.63)**  
**2004 -Preston Cory (39) (22:08.60)**  
2004 -Samantha Blieden (69) (22:49.72)  
2004 -Taylor Shorten (73) (22:56.18)  
2004 -Elly Faulkner (98) (23:27.75)  
2004 -Jackie Wolff (134) (25:19.84)

**2004 -Avg. Team Score Time (6) (22:07.31)**

**2005 -Lieve Hendren (45) (21:45.29)**  
2005 -Lauren Schwartz (117) (24:08.49)  
2005 -Taylor Shorten (127) (24:19.04)  
2005 -Alexandria Lucas (136) (24:40.70)  
2005 -Samantha Blieden (149) (25:35.54)  
2005 -Sarah Kleban (150) (25:43.73)  
2005 -Jackie Wolff (164) (26:44.31)

**2005 -Avg. Team Score Time (18)(24:05.82)**

**2006 -Angelique Cilberti (9) (20:20.67)**  
2006 -Lauren Schwartz (55) (21:55.17)  
2006 -Elly Faulkner (69) (22:27.31)  
2006 -Sarah Ronald (116) (23:59.90)  
2006 -Sarah Kleban (135) (24:45.36)

**2006 -Avg. Team Score Time (12)(22:41.69)**

**2007 -Angelique Ciliberti (7) (19:38.30)**  
2007 -Lauren Schwartz (74) (21:54.34)

2008 -Kaylen Strench (60) (21:59.38)  
2008 -Angelique Ciliberti (75) (22:24.19)  
2008 -Anabelle Ferguson (86) (22:45.17)  
2008 -Graham Klink (87) (22:45.60)  
2008 -Kate Zoppoth (88) (22:47.63)  
2008 -Casey Bariteau (94) (22:52.05)  
2008 -Margaret Giesel (138) (24:29.97)

**2008 -Avg. Team Score Time (14)(22:32.38)**

2009 -Angelique Ciliberti (75) (23:18.09)  
2009 -Kylan Nelson (102) (24:20.20)  
2009 -Margaret Giesel (103) (24:30.99)  
2009 -Meredith Gardner (125) (25:25.48)  
2009 -Cali Klink (127) (25:36.16)  
2009 -PaPa Kno (128) (25:36.66)

2009 –Kaitlyn Dwyer (154) (28:58.33)

**2009 –Avg. Team Score Time (16)(24:38.19)**

2010 –Meredith Brown (68) (22:22.52)

2010 –Annabelle Ferguson (80) (22:48.73)

**2011 –Meredith Brown (30) (21:31.79)**

**2011 –Kate Zoppoth (33) (21:37.41)**

2011 –Malorie Eisenbrei (53) (22:27.07)

2011 –Sarah Zoppone (77) (23:00.11)

2011 –Emma Baker (93) (23:34.08)

2011 –Cali Klink (127) (25:18.04)

**2011 -Avg. Team Score Time (10)(22:26.10)**



## KCD BEARCAT

### GIRLS CROSS COUNTRY

### INDIVIDUAL SCHOOL RECORDS

BASED ON TIMES FROM STATE/REGIONAL CHAMPIONSHIP/KCD COURSE FINISHES -5000 METERS  
(MINIMUM STATE SUB 24 MINUTES, REGIONAL SUB 25 MINUTES)



#### KENTUCKY

#### STATE CHAMPIONSHIP COURSE

(5000 meters established 1999-present)

1. GERALDINE SMITH	18:50.8*	1999
2. ANGELIQUE CILIBERTI	19:38.30	2007
3. LAUREN SCHWARTZ	21:09.38	2003
4. LIEVE HENDREN	21:30.63	2003
5. SAMANTHA BLIEDEN	21:30.98	2002
6. MEREDITH BROWN	21:31.79	2011
7. KATE ZOPPOTH	21:37.41	2011
8. KAYLEN STRENCH	21:59.38	2008
9. PRESTON CORY	22:08.60	2004
10. RACHAEL LASK	22:18.26	2002
11. MALORIE EISENBREI	22:27.07	2011
12. ELLY FAULKNER	22:27.31	2006
13. ADRIENNE BARTLETT	22:39.34	2002
14. ANABELLE FERGUSON	22:45.17	2008
15. GRAHAM KLINK	22:45.60	2008
16. CASEY BARITEAU	22:52.05	2008
17. ANNA LASK	22:52.40	1999
18. ITAYI CHARASIKA	22:53.80	1999
19. TAYLOR SHORTEN	22:56.18	2004
20. SARAH ZAPPONE	23:00.11	2011
21. EMMA BAKER	23:34.08	2011
22. ASHLEY APPLGATE	23:40.50	2001
23. SARAH RONALD	23:59.90	2006

\* set Class "A" State Record



#### KENTUCKY

#### STATE CHAMPIONSHIP COURSE

(4000 meters established 1992-1998, sub-18 minute minimum)

1. GERALDINE SMITH	15:12.80	1998
2. ALLISON ABOUD	15:15.50	1995
3. KARA COLLINS	16:22.50	1995
4. ITAYI CHARASIKA	16:52.30	1998
5. ANNA LASK	17:51.20	1998
6. WHITNEY MARCUM	17:52.20	1998



#### REGIONAL CHAMPIONSHIP COURSE

(5000 meters established 1999-present)

1. ANGELIQUE CILIBERTI	20:09.27	2007
2. RACHAEL LASK	20:59.90	2001
3. KATE ZOPPOTH	21:38.03	2011
4. LAUREN SCHWARTZ	21:47.70	2004
5. MEREDITH BROWN	21:53.02	2011
6. SARAH ZAPPONE	21:54.32	2011
7. ANDRIENNE BARTLETT	22:00.30	2001
8. LIEVE HENDREN	22:04.32	2005
9. ELLY FAULKNER	22:05.50	2006
10. SAMANTHA BLIEDEN	22:12.51	2002
11. ASHLEY APPLGATE	22:24.70	2001
12. ANABELLE FERGUSON	22:24.98	2010
13. KAYLEN STRENCH	22:31.08	2008
14. PRESTON CORY	22:39.50	2004
15. MALORIE EISENBREI	22:53.62	2011
16. TAYLOR SHORTEN	22:57.10	2004
17. ALAYNA ALTMAN	23:17.89	2011
18. EMMA BAKER	23:19.77	2011
19. GRAHAM KLINK	23:29.22	2008
20. CASEY BARITEAU	23:36.22	2008

21. MARGARET GIESEL	24:35.50	2008
22. SARAH RONALD	24:42.65	2006
23. SARAH KLEBAN	24:51.94	2005

 **KENTUCKY COUNTRY DAY**  
**(KCD CAMPUS) COURSE**

1. ANGELIQUE CILIBERTI	21:25	2007
2. ANABELLE FERGUSON	23:38	2010
3. KYLAN NELSON	23:51	2008
4. MICHELLE WORTHINGTON	25:24	2008
5. MARGARET GIESEL	26:16	2008
6. BROOKE SCHMIDT	26:31	2010



**KENTUCKY COUNTRY DAY**  
**METRO LOUISVILLE**  
**SMALL PRIVATE SCHOOL COURSE**

1. LAUREN SCHWARTZ	21:51	2005
2. LIEVE HENDREN	22:10	2005
3. CASEY BARITEAU	22:51	2008
4. GRAHAM KLINK	22:51.1	2008
5. MEREDITH BROWN	22:58	2011
6. KATE ZOPPOTH	23:11	2010
7. TAYLOR SHORTEN	24:09	2005
8. KALI KLINK	24:44	2010
9. SARAH RONALD	25:12	2006
10. KYLAN NELSON	25:13	2009
11. SARAH KLEBAN	25:36	2005
12. SAMANTHA BLIEDEN	25:50	2005



**KCD BEARCAT**

**GIRLS CROSS COUNTRY AWARD**

1981	Betsy Mahaffey	1991	Rebecca Starks	2002	Rachael Lask
1982	Pam Moutoux	1992	Rebecca Starks	2003	Samantha Blieden
1983	Pam Moutoux	1993	Holly Killmer	2004	Samantha Blieden
1984	Pam Moutoux	1994	Allison Aboud	2005	Samantha Blieden
1985	Katie Sams	1995	Allison Aboud	2006	Sarah Ronald
1986	Katie Sams	1996	Kristy Nakayama	2007	Angelique Ciliberti
1987	Susannah Starks	1997	Geraldine Smith	2008	Angelique Ciliberti
1988	Susannah Starks	1998	Geraldine Smith	2009	Kylan Nelson
1989	Amy Spears	1999	Geraldine Smith	2010	Kate Zoppoth
1990	Rebecca Starks	2001	Rachael Lask	2011	Meredith Brown



**KCD BEARCAT**

**GIRLS CROSS COUNTRY**

**HEAD COACHES**

1981	Ted Lee	1999	Orr Fore
1982-1989	Gene Moutoux	2000-2002	Brina Stephens, Gary Steele
1990-1991	Roger Henderson	2003-2010	Brina Stephens
1992-1993	Glenn Baete	2011-Present	Verbon Graves
1994-1998	Mark Stanek, Jason Yaffe		



**KCD BEARCAT**  
**BOYS CROSS COUNTRY**

Established -Boys (Fall 1972)



**KCD BEARCAT**  
**BOYS CROSS COUNTRY**  
**TEAM CHAMPIONSHIPS**



**KHSAA STATE CHAMPIONSHIPS**

(Class A, minimum top 20 finish)

**STATE RUNNER-UP**

**1996 1997**

**FOURTH PLACE**

1999

**FIFTH PLACE**

1972

**SIXTH PLACE**

1998

**EIGHTH PLACE**

1995

**TENTH PLACE**

2002

**ELEVENTH PLACE**

1991 2004

**THIRTEENTH PLACE**

1976

**FIFTEENTH PLACE**

2000

**SIXTEENTH PLACE**

1982

**SEVENTEENTH PLACE**

1975 1986 2007

**EIGHTEENTH PLACE**

2006



**KHSAA REGIONAL CHAMPIONSHIPS**

**REGIONAL CHAMPIONS**

**1972 1995 1996 1997**

**REGIONAL RUNNER-UP**

1975 1981 1982 1998 1999  
2002 2004



**METRO LOUISVILLE**  
**SMALL PRIVATE SCHOOL CHAMPIONSHIPS**

**CHAMPION**

**RUNNER-UP**

2008 2010



**KCD BEARCAT  
BOYS CROSS COUNTRY**

**STATE  
TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
1996	86	2002	291	1975	442
1997	115	2004	347	2006	477
1972	168	2000	362	2008	545
1999	174	1986	369	2005	573
1998	204	2007	405		
1995	242	1982	427		



**KCD BEARCAT  
BOYS CROSS COUNTRY**

**REGIONAL  
TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
1996	20	2006	80	2003	110
1997	31	2007	84	2000	115
1995	48	2008	89	1988	127
2004	70	2005	100	2010	145
2002	72	1987	100	2009	154



**KCD BEARCAT  
BOYSS CROSS COUNTRY**

**METRO LOUISVILLE  
SMALL PRIVATE SCHOOL CHAMPIONSHIP  
TEAM SCORES**

<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>	<u>YEAR</u>	<u>SCORE</u>
2010	46	2008	66	2011	85
2006	65	2005	66	2009	145



**KCD BEARCAT**  
**BOYS CROSS COUNTRY**  
**INDIVIDUAL HONOR ROLL**



**KCD BOYS CROSS COUNTRY**  
**STATE CHAMPIONSHIP**

(Minimum top 50 finish)

<b>2000</b>	<b>ALEX BREY</b>	<b>STATE CHAMPION (Class A)</b>	<b>(16:21.1)</b>
<b>1999</b>	<b>ALEX BREY</b>	<b>STATE CHAMPION (Class A)</b>	<b>(16:48.4)</b>
<b>1998</b>	<b>ALEX BREY</b>	<b>STATE CHAMPION (Class A)</b>	<b>(16:29.1)</b>
2002	ALEX BREY	STATE RUNNER-UP (Class A)	(16:17.68)
2001	ALEX BREY	STATE RUNNER-UP (Class A)	(16:30.80)
1999	WILL STARKS	STATE RUNNER-UP (Class A)	(16:51.9)
1997	ADAM ARRINGTON	STATE RUNNER-UP (Class A)	(16:55.8)
1997	ALEX BREY	State 3 <sup>rd</sup> place (Class A)	(17:02.9)
1998	WILL STARKS	State 4 <sup>th</sup> place (Class A)	(16:40.3)
1996	PIERCE LOUIS	State 5 <sup>th</sup> place (Class A)	(17:33.10)
1982	DAVID MOUTOUX	State 6 <sup>th</sup> place (Class A)	(16:45)
1972	ROBERT CREGOR	State 7 <sup>th</sup> place (Class A)	(9:59)*
1972	MACAULEY LORD	State 8 <sup>th</sup> place (Class A)	(10:01)*
1996	ADAM ARRINGTON	State 13 <sup>th</sup> place (Class A)	(18:02.60)
1996	JAC MATHEW	State 14 <sup>th</sup> place (Class A)	(18:05.70)
1995	PIERCE LOUIS	State 15 <sup>th</sup> place (Class A)	(17:44.6)
1999	BEN STRAUS	State 16 <sup>th</sup> place (Class A)	(17:42.7)
1973	SAM LORD	State 17 <sup>th</sup> place (Class A)	(10:32.9)*
1972	TOM DUNAWAY	State 20 <sup>th</sup> place (Class A)	
1997	WILL STARKS	State 21 <sup>st</sup> place (Class A)	(17:39.3)
1996	WILL STARKS	State 21 <sup>st</sup> place (Class A)	(18:20)
1974	TYLER DAVIS	State 23 <sup>rd</sup> place (Class A)	
2011	PARKER HEAD	State 29 <sup>th</sup> place (Class A)	(17:54.92)
1997	JAC MATHEW	State 32 <sup>nd</sup> place (Class A)	(18:02.2)
1991	MARK SHEA	State 37 <sup>th</sup> place (Class A)	(17:34.0)
2004	RYAN MOODY	State 40 <sup>th</sup> place (Class A)	(18:28.78)
2000	MATT ENDY	State 48 <sup>th</sup> place (Class A)	(18:11.1)

\*2.0 mile course



KCD BEARCAT  
**BOYS CROSS COUNTRY**  
**REGIONAL CHAMPIONS**

1972	<b>ROBERT CREGOR</b>	1999	<b>ALEX BREY</b>
1982	<b>DAVID MOUTOUX</b>	2000	<b>ALEX BREY</b>
1996	<b>PIERCE LOUIS</b>	2001	<b>ALEX BREY</b>
1997	<b>ADAM ARRINGTON</b>	2002	<b>ALEX BREY</b>
1998	<b>WILL STARKS</b>		



KCD BEARCAT  
**BOYS CROSS COUNTRY**  
**REGIONAL RUNNER-UP**

1972	MACAULEY LORD	1997	ALEX BREY
1995	ADAM ARRINGTON	1998	ALEX BREY
1996	ADAM ARRINGTON		



KCD BEARCAT  
**BOYS CROSS COUNTRY**  
**STATE INDIVIDUAL QUALIFIERS**

<u>Year</u> - <u>RUNNER (finish)</u>	<u>TIME</u>	<u>Year</u> - <u>RUNNER (finish)</u>	<u>TIME</u>
<u><b>Course Distance -2 Mile</b></u>		<u><b>Course Distance -5,000 Meter</b></u>	
<b>1972 -Robert Cregor (7)</b>	<b>(9:59)</b>	<b>1982 -David Moutoux (6)</b>	<b>(16:45)</b>
<b>1972 -Macauley Lord (8)</b>	<b>(10:01)</b>	1987 -Clay Morton	(19:39)
<b>1972 -Tom Dunaway (20)</b>		1988 -Dexter Mahaffey	
1972 -Sam Lord		1989 -John Ahmad	(19:35)
1972 -Tyler Davis		<b>1991 -Mark Shea (37)</b>	<b>(17:34)</b>
<b>1972 -Avg. Team Score (5)</b>		1992 -Mark Shea	
<b>1973 -Sam Lord (17)</b>	<b>(10:32.9)</b>	1994 -Pierce Louis	
1973 -Tom Dunaway (77)		1994 -Jac Mathew	
<b>1974 -Tyler Davis (23)</b>		<b>1995 -Pierce Louis (15)</b>	<b>(17:44.6)</b>
1974 -Sam Lord		1995 -Adam Arrington	
1974 -George Sanderlin		1995 -Jac Mathew	
1974 -Ted Hendershot		1995 -Bobby Copley	
1974 -Bill Beam Jr		1995 -Will Starks	
1974 -Smith Haynie		1995 -Matt Budy	
1975 -Sam Lord		<b>1995 -Avg. Team Score (8)</b>	
1975 -Tim Haertel			
1975 -Ted Hendershot			
<b>1975 -Avg. Team Score (17)</b>			
1980 -Lewis Haynes			

1996 -Pierce Louis (5) (17:33.1)  
1996 -Adam Arrington (13) (18:02.6)  
1996 -Jac Mathew (14) (18:05.7)  
1996 -Will Starks (21) (18:20.0)  
1996 -Bobby Copley (19:06)  
1996 -Joseph Hurtgen (19:21)  
1996 -Ervin Detjen (19:35)

**1996 -Avg. Team Score Time (2) (18:09.9)**

1997 -Adam Arrington (2) (16:55.8)  
1997 -Alex Brey (3) (17:02.9)  
1997 -Will Starks (21) (17:39.3)  
1997 -Jac Mathew (32) (18:02.2)  
1997 -Matt Budy (95) (19:24.6)  
1997 -Bobby Copley (117) (19:40.6)  
1997 -John Jennings (122) (19:48.8)

**1997 -Avg. Team Score Time (2) (17:52.2)**

1998 -Alex Brey (1) (16:29.1)  
1998 -Will Starks (4) (16:40.3)  
1998 -John Jennings (85) (19:00.1)  
1998 -Ervin Detjen (86) (19:00.7)  
1998 -Matt Budy (89) (19:05.5)  
1998 -Jeremy Shoulta (173) (21:09.2)  
1998 -Bobby Copley (185) (22:03.6)

**1998 -Avg. Team Score Time (6) (18:03.1)**

1999 -Alex Brey (1) (16:48.4)  
1999 -Will Starks (2) (16:51.9)  
1999 -Ben Straus (16) (17:42.7)  
1999 -Matt Siami (86) (19:29.6)  
1999 -Jeremy Shoulta (107) (19:51.5)  
1999 -Josh Shoulta (139) (20:34.1)  
1999 -Matt Budy (148) (20:48.1)

**1999 -Avg. Team Score Time (4) (18:24.2)**

2000 -Alex Brey (1) (16:24.5)  
2000 -Matt Endy (48) (18:11.1)  
2000 -Jeremy Shoulta (129) (19:42.7)  
2000 -Matt Siami (134) (19:47.8)  
2000 -Josh Shoulta (138) (19:51.2)  
2000 -Frank Barlow (182) (21:31.3)  
2000 -Bryan Henn (186) (21:46.4)

**2000 -Avg. Team Score Time (15)(18:55.1)**

2001 -Alex Brey (2) (16:13.8)

2002 -Alex Brey (2) (16:17.68)  
2002 -Ryan Goode (61) (18:42.83)  
2002 -Bryan Henn (69) (18:55.76)  
2002 -Dennis Winstead (115) (19:47.54)  
2002 -Thomas Stover (122) (19:56.31)  
2002 -Sean Kettring (153) (20:51.69)

2002 -Chris Vice (168) (21:15.08)

**2002 -Avg. Team Score Time (10)(18:44.03)**

2003 -Ryan Goode (70) (18:48.77)  
2003 -Nathan Thomas (114) (19:55.37)

**2004 -Ryan Moody (40) (18:28.78)**

2004 -Wells Edinger (60) (18:49.40)  
2004 -Alex Hernandez (110) (20:01.61)  
2004 -Sean Kettring (118) (20:12.77)  
2004 -Parker Moore (128) (20:26.95)  
2004 -Thomas Riner (130) (20:30.72)  
2004 -Stephen Lash (134) (20:33.67)

**2004 -Avg. Team Score Time (11)(19:35.91)**

2005 -Hardy Hendren (76) (18:58.62)  
2005 -Kirk Kaczmarek (129) (20:03.38)  
2005 -Tom James (163) (20:57.58)  
2005 -Stephen Lash (178) (21:59.00)  
2005 -Sean Kettring (181) (22:08.05)  
2005 -Jordan Wolff (183) (22:15.65)

**2005 -Avg. Team Score Time (22)(20:49.33)**

2006 -Stephen Lash (107) (19:36.38)  
2006 -Tom James (114) (19:45.09)  
2006 -Kirk Kaczmarek (125) (19:49.92)  
2006 -James Robertson (131) (19:53.27)  
2006 -Brian Cass (156) (20:43.07)  
2006 -Sean Kettring (172) (22:21.36)

**2006 -Avg. Team Score Time (18)(19:59.57)**

2007 -Stephen Lash (75) (18:18.05)  
2007 -Parker Head (100) (18:34.44)  
2007 -Kirk Kaczmarek (107) (18:41.99)  
2007 -Frank James (108) (18:42.78)  
2007 -Tom James (113) (18:53.23)  
2007 -Jason Harter (150) (19:50.34)  
2007 -Michael Worthington (164) (20:21.22)

**2007 -Avg. Team Score Time (17)(18:38.10)**

2008 -Parker Head (119) (19:04.79)  
2008 -Warner Brown (120) (19:08.06)  
2008 -Frank James (132) (19:20.11)  
2008 -Kirk Kaczmarek (133) (19:22.00)  
2008 -Stephen Lash (153) (19:48.94)  
2008 -Michael Worthington (163) (20:01.96)  
2008 -Michael Yunker (211) (22:48.99)

**2008 -Avg. Team Score Time (21) (19:20.78)**

2009 -Parker Head (93) (19:04.68)

2010 -Parker Head (57) (18:15.21)

**2011 -Parker Head (29) (17:54.92)**



KCD BEARCAT  
**BOYS CROSS COUNTRY**  
**INDIVIDUAL SCHOOL RECORDS**

BASED ON TIMES FROM STATE & REGIONAL CHAMPIONSHIP/KCD COURSE FINISHES -5000 METERS  
(MINIMUM STATE SUB 19 MINUTES, REGIONAL SUB 20 MINUTES)



**KENTUCKY**

**STATE CHAMPIONSHIP COURSE**

1. ALEX BREY	16:17.68	2002	14. MICHAEL WORTHINGTON	19:03.93	2011
2. WILL STARKS	16:40.30	1998	15. MATT SIAMI	19:06.50	2000
3. DAVID MOUTOUX	16:45.00	1982	16. RYAN MOODY	19:07.50	2004
4. ADAM ARRINGTON	16:55.80	1997	17. FRANK JAMES	19:17.50	2011
5. PIERCE LOUIS	17:33.10	1996	18. HARDY HENDREN	19:22.07	2005
6. MARK SHEA	17:34.00	1991	19. JEREMY SHOULTA	19:26.50	2000
7. BEN STRAUS	17:42.70	1999	20. MICHAEL YUNKER	19:28.45	2011
8. PARKER HEAD	17:54.92	2011	21. NATHAN THOMAS	19:31.90	2003
9. JAC MATHEW	18:02.20	1997	22. CHRIS VICE	19:46.01	2003
10. BOBBY COPLEY	18:06.00	1996	23. FRANK BARLOW	19:49.10	2000
11. MATT ENDY	18:11.10	2000			
12. STEPHEN LASH	18:18.05	2007			
13. JOE HURTGEN	18:21.0	1996			
14. RYAN MOODY	18:28.78	2004			
15. KIRK KACZMARIK	18:41.99	2007			
16. FRANK JAMES	18:42.78	2007			
17. RYAN GOODE	18:42.83	2002			
18. WELLS EDINGER	18:49.40	2004			
19. TOM JAMES	18:53.23	2007			
20. BRYAN HENN	18:55.76	2002			
21. HARDY HENDREN	18:58.62	2005			



**KENTUCKY COUNTRY DAY**

**(KCD CAMPUS) COURSE**

(Course developed in 2007, minimum 21 minutes)

1. PARKER HEAD	19:04	2010
2. STEPHEN LASH	19:16	2007
3. FRANK JAMES	19:20	2010
4. KIRK KACZMAREK	20:00	2007
5. TOMMY JAMES	20:01	2007
6. WARNER BROWN	20:23	2008
7. MICHAEL WORTHINGTON	20:39	2010
8. JASON HARTER	20:41	2008



**KENTUCKY COUNTRY DAY**

**METRO LOUISVILLE**

**SMALL PRIVATE SCHOOL COURSE**



**REGIONAL CHAMPIONSHIP COURSE**

1. ALEX BREY	15:49.70	2002	1. PARKER HEAD	17:24	2011
2. DAVID MOUTOUX	16:07	1982	2. FRANK JAMES	19:05	2010
3. JAC MATHEW	17:26	1995	3. HARDY HENDREN	19:18	2005
4. PARKER HEAD	17:30.35	2011	4. WARNER BROWN	19:22	2008
5. ADAM ARRINGTON	17:31	1995	5. MICHAEL WORTHINGTON	19:23	2011
6. MATT ENDY	18:16.50	2000	6. MICHEAL YUNKER	19:36	2011
7. KIRK KACZMAREK	18:36.02	2007	7. KIRK KACZMAREK	19:36	2008
8. FRANK JAMES	18:41.05	2007	8. RAVI BRAR	19:40	2010
9. STEHPEN LASH	18:45.63	2007	9. FRANK JAMES	19:42	2011
10. RYAN GOODE	18:49.18	2002	10. JAMES ROBERTSON	19:43	2006
11. TOM JAMES	18:55.02	2007	11. JOHN COLBERT	19:50.73	2011
12. WELLS EDINGER	18:58.70	2004	12. TOM JAMES	19:58	2006
13. BRYAN HENN	19:00.73	2002			



## KCD BEARCAT

### BOYS CROSS COUNTRY AWARD

1978	David Swearingen	1990	Todd Hyman	2002	Alex Brey
1979	Steve Ragan	1991	Mark Shea	2003	Ryan Goode
1980	Doug Schorr	1992	Mark Shea	2004	Paul Phippen
1981	Lewis Haynes	1993	Mark Shea	2005	Sean Kettring
1982	David Moutoux	1994	Pierce Louis	2006	Tom James
1983	Steve Janowiak	1995	Jac Mathew	2007	Tom James
1984	Scott Morris	1996	Pierce Louis	2008	Stephen Lash
1985	Scott Morris	1997	Adam Arrington	2009	Michael Worthington
1986	Scott Morris	1998	Will Starks	2010	Michael Worthington
1987	Dexter Mahaffey	1999	Will Starks	2011	Frank James
1988	Dexter Mahaffey	2000	Alex Brey		
1989	John Ahmad	2001	Alex Brey		



## KCD BEARCAT

### BOYS CROSS COUNTRY

#### TEAM NOTABLES

1973  
1996-2002

-Undefeated Regular Season 5-0  
-7 consecutive years KCD regional boy's champions



## KCD BEARCAT

### BOYS CROSS COUNTRY

#### HEAD COACHES

1972-1977	John Minton	1994-1998	Mark Stanek, Jason Yaffe
1978-1980	George Jansing	1999	Rob Orr, Ray Fore
1981	Ted Lee	2000-2002	Gary Steele, Brina Stephens
1982-1989	Dr. Gene Moutoux	2003-2010	Brina Stephens
1990-1991	Roger Henderson	2011	Verbon Graves
1992-1993	Glenn Baete		



KCD BEARCAT

**BOYS & GIRLS CROSS COUNTRY**

**COMBINED FINISHES**

**COMBINED TOTAL STATE  
CHAMPIONSHIP FINISH**

(Maximum combined number 40)

<b>1998</b>	<b>(11)</b>	<b>Girls (5)</b>	<b>Boys (6)</b>
1999	(13)	Girls (9)	Boys (4)
1997	(13)	Girls (11)	Boys (2)
2004	(17)	Girls (6)	Boys (11)
1995	(17)	Girls (9)	Boys (8)
1991	(20)	Girls (9)	Boys (11)
2002	(24)	Girls (14)	Boys (10)
2006	(30)	Girls (12)	Boys (18)
2008	(35)	Girls (14)	Boys (21)
2005	(40)	Girls (18)	Boys (22)

**COMBINED TOTAL REGIONAL  
CHAMPIONSHIP FINISH**

(Maximum combined number 5)

<b>1995</b>	<b>(2)</b>	<b>Girls (1)</b>	<b>Boys (1)</b>
2004	(3)	Girls (1)	Boys (2)
2002	(4)	Girls (2)	Boys (2)
1999	(4)	Girls (2)	Boys (2)
1998	(4)	Girls (2)	Boys (2)
2008	(5)	Girls (1)	Boys (4)
2006	(5)	Girls (2)	Boys (3)